

# Privacy Policy

At *True Wellness Doc*, we take privacy seriously and are committed to protecting the personal information of our users. This Privacy Policy outlines how we collect, use, and share opt-in information collected through our website.

## Collection of Opt-In Information

- We collect opt-in information from users through various forms on our website, including email subscriptions, contact forms, and event registration forms. This information may include, but is not limited to, names, email addresses, and phone numbers. We only collect opt-in information that is necessary for the purpose it was provided for.

## Use of Opt-In Information

- The opt-in information collected through our website is used to provide our users with the services they requested, such as email newsletters, event updates, and customer support. We may also use this information to personalize the user experience on our website and to improve our products and services.

## Sharing of Opt-In Information

We do not sell, rent, or otherwise share opt-in information with third parties, unless we have the user's explicit consent or are required to do so by law.

## Data Security

- We take appropriate technical and organizational measures to secure the opt-in information collected through our website from unauthorized access, use, disclosure, or destruction.

## Changes to This Privacy Policy

- We may modify this Privacy Policy from time to time to reflect changes in our privacy practices. If we make any changes, we will update this Privacy Policy and post the revised version on our website.

## Contact Information

- If you have any questions or concerns about our privacy practices or this Privacy Policy, please contact us at [drstrang@truewellnessdoc.com](mailto:drstrang@truewellnessdoc.com).